














September 2017

Home Delivered Meal Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 				September 1 Beef Burrito with Seasoned Beef and Cheese Spanish Rice Warm Fiesta Corn Tortilla Shell Apricots
September 4 	September 5 <u>Labor Day Special</u> Hot Dog Sauerkraut Potato Salad Hot Dog Roll Tropical Fruit Salad	September 6 Roast Beef Stroganoff Buttered Noodles Peas and Carrots White Bread Fresh Fruit 	September 7 Chicken Salad Sandwich with Lettuce and Tomato Carrot Salad Fruit Juice White Bread Sunset Peaches	September 8 Baked Pollock with Dill Sauce Buttered Potatoes Creamy Coleslaw Wheat Bread Sliced Pears 
September 11 Salisbury Steak with Gravy Garlic Mashed Potatoes Mixed Vegetable Medley Wheat Bread Sugar Cookie	September 12 Turkey and Swiss Cheese Sandwich with Lettuce and Tomato Potato Salad Baked Beans Whole Wheat Bread Mixed Fruit Salad 	September 13 Stuffed Pepper Mashed Potatoes Sweet Corn Wheat Bread Fruit Crisp	September 14 Chicken Cobb Salad (Diced Chicken, Egg, and Cheese) Sprinkle of Bacon Bits Cottage Cheese Dinner Roll Pineapple Tidbits 	September 15 Mushroom Swiss Burger Hot German Potato Salad Baked Beans Hamburger Roll Apricots
September 18 Sweet and Sour Meatballs Rice Pilaf Vegetable Medley White Bread Applesauce 	September 19 Chicken Caesar Salad with Chicken and Parmesan Cheese Mixed Greens with Tomato Three-Bean Salad White Bread Chocolate Pudding	September 20 Chicken Parmesan Rotini Pasta with Sauce and Cheese Tossed Salad with Tomato and Dressing Italian Bread Sliced Peaches 	September 21 Club Sandwich (Ham, Turkey, and Cheese) with Lettuce and Tomato Cauliflower and Broccoli Salad Beets White Bread Sliced Apples	September 22 Potato Crusted Fish Macaroni and Cheese Sweet and Sour Coleslaw Wheat Bread Pineapples and Oranges 
September 25 Meatball Sandwich with Sauce and Cheese Parsley Potatoes Mixed Bean Medley Hotdog Roll Brownie	September 26 Old Fashion Spread Sandwich with Lettuce and Tomato Broccoli Salad Pineapple Salad White Bread Mixed Fruit Salad 	September 27 Baked Lemon Pepper Chicken Thigh with Gravy Wild Rice Lima Beans Wheat Bread Apricots	September 28 Chef Salad (Ham, Turkey, Cheese, and Egg) with Lettuce, Tomato, and Dressing Beets Breadstick Sliced Pears 	September 29 BBQ Pork Ribette with Sauce Sweet Potato Bites Creamy Coleslaw Buttermilk Biscuit Applesauce

*** All meals are subject to change ***

*** Served Daily: 8 ounces Milk and 1 teaspoon Margarine