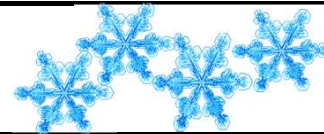


# January 2018

## Home Delivered Meal Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>January 1</p> 	<p>January 2</p> <p>Country Fried Steak with Creamy Gravy Cheesy Whipped Potatoes Peas and Carrots Wheat Bread Sugar Cookie</p> 	<p>January 3</p> <p>Honey Orange Chicken Breast Blended Rice Pilaf Lima Beans White Bread Pineapple Delight</p>	<p>January 4</p> <p>Egg Salad Sandwich with Lettuce and Tomato Macaroni Salad Marinated Beans White Bread Applesauce</p> 	<p>January 5</p> <p>Warm Roast Beef Sandwich with Cheese and Au Jus Buttered Potatoes Mixed Vegetables Sandwich Roll Fresh Seasonal Fruit</p>
<p>January 8</p> <p>Bratwurst Parslied Potatoes Peas and Onions Hotdog Roll Sugar Cookie Mustard Packet</p> 	<p>January 9</p> <p>Old Fashion Spread Sandwich with Lettuce and Tomato Broccoli Salad Pineapple Salad White Bread Mandarin Oranges</p>	<p>January 10</p> <p>Baked Meatloaf with Gravy Whipped Potatoes Creamed Corn Wheat Bread Sliced Apples</p> 	<p>January 11</p> <p>Baked Ham and Cheddar Sandwich with Lettuce and Tomato Beets Macaroni Salad White Bread Peaches</p>	<p>January 12</p> <p>Baked Chicken Florentine Rice Pilaf Cauliflower Wheat Bread 1/2 cup Baked Pear Crisp</p> 
<p>January 15</p> <p><b>Martin Luther King Jr. Day</b> <b>Senior Centers Closed</b></p> <p><b>FROZEN MEAL</b></p>	<p>January 16</p> <p>BBQ Beef Ribette Cheesy Hashbrowns Green Beans White Bread Sliced Peaches</p> 	<p>January 17</p> <p>Sausage Pizza Casserole with Cheese Topping Mixed Vegetable Medley Garlic Breadstick Fresh Seasonal Fruit</p>	<p>January 18</p> <p>Grilled Chicken Filet Sandwich with Lettuce and Tomato Potato Salad Baked Beans Sandwich Roll Blushed Pears</p> 	<p>January 19</p> <p>Vegetable Lasagna with Parmesan Cheese Sauce Tossed Salad with Hardboiled Egg Wheat Bread Pineapples and Oranges</p>
<p>January 22</p> <p>Roasted Turkey with Gravy Whipped Potatoes with Chives Sliced Carrots White Bread Spice Cake with Icing</p> 	<p>January 23</p> <p>Chicken Salad Sandwich with Lettuce and Tomato Carrot Salad Fruit Juice White Bread Mixed Fruit</p>	<p>January 24</p> <p>Breaded Chicken Cutlet AuGratin Potatoes Sweet Peas Wheat Bread Mandarin Oranges</p> 	<p>January 25</p> <p>Club Sandwich with Ham, Turkey, and Cheese with Lettuce and Tomato Cauliflower and Broccoli Salad Beets White Bread Fresh Seasonal Fruit</p>	<p>January 26</p> <p>Baked Salmon with Dill Sauce Brown Rice Green Beans White Bread Pineapple Tidbits</p> 
<p>January 29</p> <p>BBQ Chicken Breast Scalloped Potatoes Sweet and Sour Coleslaw Wheat Bread Brownie</p>	<p>January 30</p> <p>Tuna Salad Sandwich with Lettuce and Tomato Carrot Raisin Salad Pickled Beets Whole Wheat Bread Sliced Peaches</p> 	<p>January 31</p> <p>Porcupine Ball with Tomato Salad Garlic Whipped Potatoes Corn Dinner Roll Cinnamon Apples</p>		

\*\*\* All meals are subject to change \*\*\*

\*\*\* Served Daily: 8 ounces Milk and 1 teaspoon Margarine